



Your Society in 2024

ESE is central to Europe's endocrine community, and represents over 22,500 endocrinologists across the continent. We are proud of the way we work.


Our **strategy for 2022–2026**  helps us drive progress by:

- **UNITING and REPRESENTING** the European endocrine community and being acknowledged as the reference point for endocrine health and science
- **SUPPORTING** our members in education, clinical practice and research
- Further **ADVANCING** the science and clinical care of endocrinology
- Reinforcing ESE as a leading society which is **SUSTAINABLE, TRUSTED AND VALUED**

'We aspire to be visionary, inspiring, engaging and supportive. We are open, transparent and inclusive in everything that we do, and work towards diversity across our activities.'

ESE is SUSTAINABLE, TRUSTED AND VALUED

Led by endocrinologists

Sebastian Neggers became the Society's Treasurer, while **Elena Valassi** and **Gregory Kaltsas** joined the **ESE Executive Committee** , as Co-Chair of the Rare Disease Committee and Chair of the Education Committee respectively.

In addition, **Kirsten Davidse**, **Charlotte Høybye** and **Walter Vena** joined the Executive Committee as ex-officio members, representing the Nurse Committee, ECAS and the EYES Committee.

We thank **Djuro Macut**, **Mirjam Christ-Crain**, **Sherwin Criseno**, **Anton Luger** and **Antoan Stefan Šojat** who stepped down from these roles.

We were delighted to welcome **all the new faces** who joined ESE committees in 2024.


Our calls for new committee members led to:

139 applications from
>30 countries for
12 positions



Clockwise from left: Elena Valassi, Gregory Kaltsas, Kirsten Davidse, Charlotte Høybye and Walter Vena, with Sebastian Neggers (centre)

Supported by an experienced team

Three **new staff members**  joined ESE: Megan Gell, Martin Goodman and Gay Lombard.

ESE now employs a **team of 20 people**, representing 9 European countries plus Australia and New Zealand.



ESE team at ECE 2024

Abbreviations used in the Annual Review:

AMH, anti-Müllerian Hormone; CRH, corticotrophin-releasing hormone; EARS, ESE Advocacy Representation Scheme; ECAS, ESE Council of Affiliated Societies; EDCs, endocrine-disrupting chemicals; EJE, *European Journal of Endocrinology*; ESPE, European Society for Paediatric Endocrinology; EYES, ESE Young Endocrinologists and Scientists; FASEN, Federación Argentina de Sociedades de Endocrinología; PCOS, polycystic ovary syndrome; SBEM, Sociedade Brasileira de Endocrinologia e Metabologia; SMNE, Sociedad Mexicana de Nutrición y Endocrinología.



ESE ADVANCES the science and clinical care of endocrinology

Sharing knowledge

Stockholm, Sweden, hosted the **26th European Congress of Endocrinology (ECE 2024)** [↗](#).



2835 in-person attendees **649** participants online

412 people took part in the 6 pre-Congress courses



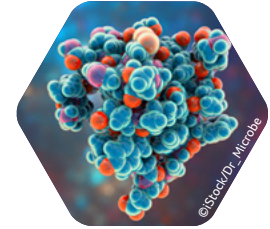
2150 abstracts were received

895 press articles were published

Nurturing scientific progress

Focus Areas are central to our work. We welcomed new **Focus Area Leads** [↗](#) Paolo Giacobini, Irene Lambrinoudaki, Ruben Nogueiras, Mercedes Robledo and Greisa Vila, and thank retiring Leads Jenny Visser, Bulent Yildiz, Uberto Pagotto, Maria Christina Zennaro and Niki Karavitaki.

Two **ESE European Lectures** [↗](#) took place in 2024 – in Slovakia and Norway.



The **ESE Curriculum and Training Recommendation** [↗](#) was revised and relaunched.

140 candidates sat the very successful **Board Exam in Endocrinology, Diabetes and Metabolism** [↗](#).

We welcomed the 2024–2026 cohort of **EJE Rising Stars** [↗](#): 13 clinical and translational researchers to receive mentoring as future potential journal editors.

Publishing quality research



European Journal of Endocrinology [↗](#) welcomed Felix Beuschlein as Editor-in-Chief. We thank Wiebke Arlt for her dedication as Editor.

Impact Factor 5.3

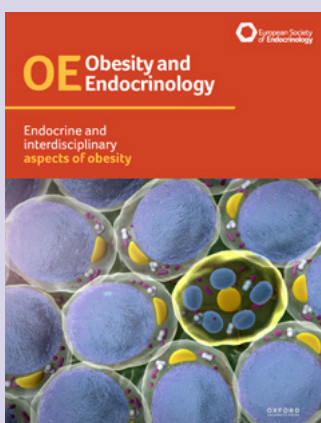
First ESE and Endocrine Society Joint Clinical Guideline [↗](#) on diagnosis and therapy of glucocorticoid-induced adrenal insufficiency has been viewed 75,000 times in EJE.



Faisal Ahmed completed his first year as Editor-in-Chief of **Endocrine Connections** [↗](#).

Impact Factor 2.6

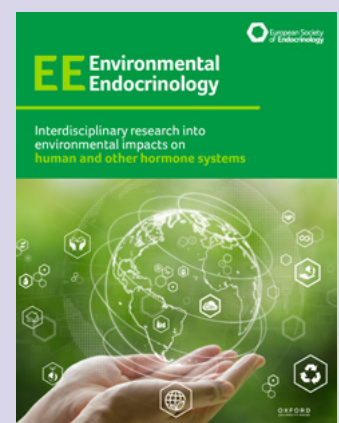
New quarterly **Editors' Choice Award** recognises significant contributions on biomarkers for diabetic cardiomyopathy, AMH in inherited bone marrow failure syndromes and bariatric surgery in acquired hypothalamic obesity.



New journals launched!

Obesity and Endocrinology [↗](#) will advance understanding through comprehensive coverage of basic, translational and clinical aspects of endocrinology. Melania Manco is Editor-in-Chief.

Environmental Endocrinology [↗](#) will examine environmental impacts on hormone systems in humans and living systems, incorporating the One Health perspective, led by Editor-in-Chief Josef Köhrle.



ESE SUPPORTS members in education, clinical practice and research

Bringing people together

5044

individual ESE
Members at the
end of 2024

6273

registrants for 20
online educational
ESE events



4

in-person events took place: Summer School, ECE 2024, EuroPit, EYES Annual Meeting 2024

10

ESE Talks included sessions with the European Menopause and Andropause Society

2

ESE Postgraduate Training Courses took place online

37

events were endorsed by ESE

With ESPE, ESE developed the **first Joint ESPE-ESE Congress**, which will take place in 2025.

Meeting members' needs

The new **ESE website** launched with improved navigation, content organisation, searchability and design.

The **ESE Membership Portal** followed – with a management system to better understand members' needs, and supply information based on their interests.

The third strand in our digital transformation – the **ESE Library** – was developed for launch in 2025, giving access to valuable course content.



Our membership magazines **Endocrine Views** and **EYES NEWS** became digital-only, enhancing their interactivity and integration with other ESE channels, and reducing their carbon footprint.

The **Competency Framework for Adult Endocrine Nursing** is now available in Dutch as well as French, German, Polish, Spanish and Turkish.

Distributing awards and grants

Ilpo Huhtaniemi received Honorary Membership of ESE, while **Riccarda Granata** and **Beata Kos-Kudła** received Special Recognition Awards (pictured right, top to bottom).

The **2024 ESE Awards** recognised excellence in endocrinology.

Early Career Members received **12 Young Investigator Awards** and **8 Poster Awards** for high quality abstracts at ECE 2024.



642

grant applications received

246

grants made

More than €165,000

awarded

Supporting early career endocrinologists

The **11th EYES Annual Meeting** In Helsinki (right) was attended by

165

participants from

25

countries

The **Advanced Research Observership Programme** and the **Bilateral Observership Programme** (a trial in Brazil) were launched.

So far, the **EYES Observership Programme** has supported:

90

awardees

25

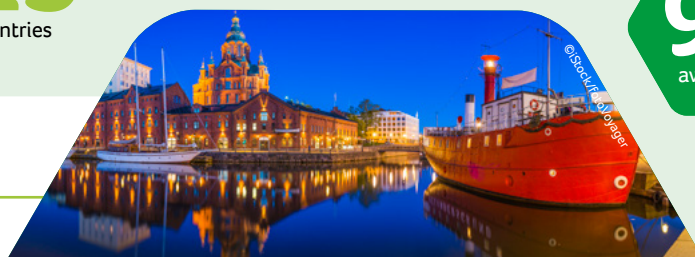
countries

24

across

centres

with grants of €30,000









ESE UNITES and REPRESENTS the European endocrine community

Working in partnership


Our work with other societies promoted innovation, collaboration and opportunities.

We welcomed new **National Partner Societies** : the Azerbaijan Endocrinologists Society Public Union, the Kosovo Association of Endocrinologists and Diabetologists, and the Lebanese Society of Endocrinology, Diabetes and Lipids.

The Mexican Society of Nutrition and Endocrinology joined as a new **Associate Partner Society** , while the European Pituitary Pathology Group joined as a new **Specialist Partner Society** .

The Osteogenesis Imperfecta Federation Europe became the 30th member of our **Patient Advocacy Group Affiliate Scheme** .

ESE and the **European Renal Association** agreed to work on a joint clinical guideline on hyponatraemia.


A new memorandum of understanding signed by ESE and the **Endocrine Society**  covers collaboration associated with the Transatlantic Alliance Award, joint guidelines and activities at each other's Congresses.

Joint sessions held at ECE 2024

- European Society of Endocrine Surgeons
- Androgen Excess and PCOS Society
- European Society for Paediatric Endocrinology
- SBEM, FASEN, SMNE from Brazil, Argentina and Mexico
- South Korean Endocrine Society



Corporate members

We welcomed Inozyme Pharma and Kyowa Kirin as new **Corporate Members** , and Amolyt Pharma (now Alexion), BridgeBio and Camurus as **new Supporters**.

We thank all our 2024 Corporate Members

Premium: HRA Pharma Rare Diseases (now Esteve), Novo Nordisk, Pfizer and Recordati Rare Disease


Standard: Ascendis Pharma, Inozyme Pharma, Kyowa Kirin, Neurocrine Biosciences/Diurnal, Takeda and Uni-Pharma

Supporters: Amolyt Pharma, BridgeBio, Camurus, Crinetics Pharmaceuticals, Horizon Therapeutics (now Amgen) and Ipsen.


Advocating for endocrinology


ESE led a symposium at the **International Congress of Endocrinology 2024**, where Josef Köhrle (right) highlighted the impact of EDCs on human health.



Robin Peeters (below right) represented ESE at an **EU Belgium Presidency Event** , urging policymakers to bring EU legislation on EDCs in line with scientific developments.



ESE condemned ongoing attacks on healthcare facilities and healthcare workers globally, in a **humanitarian statement** .

The Society issued a **recommendation addressing the CRH shortage** , with guidance from the Clinical Committee.




Biomedical Alliance in Europe


ESE worked with the **BioMed Alliance**  on the upcoming **In Vitro Diagnostic Regulation**  and the **European Health Data Space**, as well as in discussions on the new **FP10 Research Framework Programme**.



EARS

ESE Advocacy Representation Scheme

The **EARS newsletter**  provided valuable insights into the European Elections and EU legislation from an endocrine perspective.

Two major projects for ESE – **EndoCompass**  and the **Drug Survey** – were developed for delivery in 2025, supported by ESE's National and Specialist Partner Societies and Patient Advocacy Group Affiliate Members.



EndoCompass


Research roadmap for better hormone health

‘We work together to deliver excellence in endocrine care across Europe and beyond.’





Highlighting hormone health

The huge success of **European Hormone Day 2024** included winning an award for 'Effective Voice of the Year' .



European Hormone Day
Because Hormones Matter
24 April 2024

>100
organisations were
involved across
28 countries


Estimated
digital reach
>43
million

19
different
languages

Toolkit
downloaded
1129
times

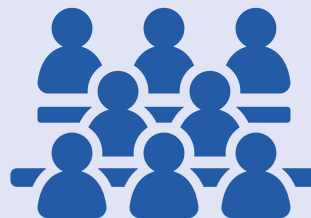
#BecauseHormonesMatter was also adopted by Phaeo Para Awareness Week, World Menopause Day, International Children's Growth Awareness Day, World Hypopara Day, World Environment Day, EU Green Week, World Obesity Day, Rare Disease Day and World Cancer Day.

Supporting endocrine patients

The first **Adrenal Patient Forum**  on adrenal insufficiency saw



600 attendees from
51 countries


ESE Adrenal Patient Forum

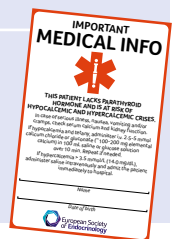


The third **Hypoparathyroidism Patient Forum**  attracted

184 participants from
50 countries

Emergency treatment cards for patients are now available in more languages:
17 for **hypoparathyroidism** 
7 for **adrenal insufficiency** .

They are in our **Patient Zone** , along with cards for other conditions.



The European home for all endocrine scientists, nurses and endocrinologists

ESE provides state-of-the-art educational, training and funding opportunities to support career development, success in clinical practice, and research

ESE connects like-minded professionals around the world

ESE champions the best science and clinical guidelines, and disseminates this information globally through our journals and annual Congress

As the voice for endocrinology, ESE advocates on behalf of European endocrine scientists and endocrinologists on the importance of hormones and good hormone health

Join ESE and benefit

- Reduced registration rates across all ESE events
- Publication discounts for ESE's four journals
- ESE Library and ESE On Demand online educational resources
- Training and research grants
- Prestigious awards programme
- Opportunity to contribute to clinical guidelines
- Online Members' Directory and early-career, nurses, scientists and women in endocrinology communities
- Member magazines, newsletters and news alerts to keep informed



ECE

European Congress
of Endocrinology



FUTURE DATES

9 – 12 May 2026

Prague, Czech Republic

8 – 11 May 2027

Basel, Switzerland

ECE

European Congress
of Endocrinology

2026



ECE

European Congress
of Endocrinology

2027



European Society
of Endocrinology