

**ITALIAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS (AME)  
IN ASSOCIATION WITH EUROPEAN SOCIETY OF ENDOCRINOLOGY (ESE)  
2025 EARLY CAREERS UPDATE IN CLINICAL ENDOCRINOLOGY**

**March 28-29, 2025**

Naples, Hotel Royal-Continental



Associazione  
Medici  
Endocrinologi



European Society  
of **Endocrinology**  
The voice for endocrinology

Endorsed by



Società Italiana  
**Endocrinologia**

# RATIONALE AND AIM

The Italian Association of Clinical Endocrinologists (AME) together with the European Society of Endocrinology are launching the second Early Career Course in Clinical Endocrinology with the endorsement of the Italian Society of Endocrinology. The course will be addressed to a limited number of young (less than 40 yo) Italian and European participants, aiming to favour a friendly climate and to stimulate clinical discussion driven by the most relevant Italian and European experts in their fields. The course will address some of the most relevant topics of endocrine disease.

At each session of the course, after the introductory lectures, participants will be divided into “working groups” to discuss complex clinical cases related to the topics addressed by previous lectures.

The addressed topics will be:

- Thyroid: replacement treatment for hypothyroidism. Use of thyroid kinase inhibitors for advanced thyroid cancer.
- Hypoparathyroidism: how to manage a neglected disease in 2025.
- Obesity: the landscape of new drugs, the tailored management for the individual patient and perspectives on monogenic obesities.
- Endogenous hypercortisolism: an update on clinical management.
- Bone metabolism: advanced treatment for osteoporosis and the clinical management of their side effects.
- Vitamin D deficiency: lights and shadows about guidelines
- Adrenogenital syndromes: the unmet needs.
- Neuroendocrine tumors: is there still a role for somatostatin receptor ligands?

# PROGRAM

FRIDAY, MARCH 28

**07.45** Registration of participant

**08.00** Welcome and Introduction to the course  
Representatives from ESE, EYES, AME, SIE and G-AME  
*Jerome Bertherat, Paris - Walter Vena, Bergamo - Andrea Frasoldati, Reggio Emilia  
Chiara Sabbadin, Padova - Charlotte Hoybye, Stockholm - Annamaria Colao, Napoli*

## **SESSION I: THYROID**

**Chairs:** *Enrico Papini, Roma - Maria Chiara Zatelli, Ferrara*

**08.30** Lecture: Is thyroid replacement an ever-easy task?  
*Peter Kopp, Lausanne*

**09.00** Lecture: Thyroid-kinase inhibitors in the real practice: the lesson we have learned  
*Cosimo Durante, Roma*

**09.30** Team work on Clinical Practice

**10.30** Coffee Break

**11.00** Guided discussion on Clinical Practice

## **SESSION II: FOCUS ON HYPOPARATHYROIDISM**

**Chairs:** *Alfredo Scillitani, Foggia - Luisella Cianferotti, Firenze*

**12.00** Lecture: Management of the invisible disease  
*Andrea Palermo, Roma*

**12.30** Spot clinical Practice: Q and A  
*Chairs: Gaia Tabacco, Roma - Walter Vena, Bergamo*

**13.30** Light Lunch

### **SESSION III: OBESITY**

**Chairs:** *Roberto Vettor, Padova - Massimiliano Caprio, Roma*

- 14.30** Lecture: Anti-obesity drugs: an evolving landscape  
*Sebastien Czernichow, Paris*
- 15.00** Lecture: Tailoring treatment in the obese patient  
*Marco Chianelli, Roma*
- 15.30** Team work on Clinical Practice
- 16.30** Coffee Break
- 17.00** Guided Discussion on clinical Practice
- 18.00** Lecture: A perspective on new treatments for monogenic and secondary obesity  
*ESE expert*

### **SESSION IV: CUSHING'S DISEASE**

**Chairs:** *Giuseppe Reimondo, Torino - Charlotte Hoybye, Stockholm*

- 18.30** Lecture: Managing Cushing's disease in 2025  
*Rosario Pivonello, Napoli*
- 19.00** Spot clinical Practice: Q and A
- 20.00** Closing first day of work

## **SATURDAY, MARCH 29**

### **SESSION V: BONE METABOLISM**

**Chairs:** *Domenico Rendina, Napoli - ESE expert*

- 08.30** Lecture: Treatment of osteoporosis: sequential and combined treatments  
*Fabio Vescini, Udine*

**09.00** Lecture: How to manage side effects of osteoporosis treatment  
*Alberto Falchetti, Milano*

**09.30** Team work on Clinical Practice

**10.30** Coffee Break

**11.00** Guided Discussion on clinical Practice

### **SESSION VI: FOCUS-ON VITAMIN D DEFICIENCY**

**Chairs:** *Andrea Frasoldati, Reggio Emilia - ESE expert*

**12.00** Lecture: Vitamin D deficiency guidelines: facts and open issues  
*Paul Lips, Amsterdam*

**12.30** Spot Clinical Practice: Q and A

**13.00** Light Lunch

### **SESSION VII: ADRENAL DISEASE**

**Chairs:** *Renato Cozzi, Milano - Renata Auriemma, Napoli*

**14.00** Lecture: Unmet needs in patients with adrenogenital syndromes  
*Anne Bachelot, Paris*

**14.30** Spot clinical Practice: Q and A

### **SESSION VIII: FOCUS-ON NEUROENDOCRINE NEOPLASMS**

**Chairs:** *Franco Grimaldi, Udine - ESE expert*

**15.30** Lecture: Somatostatin Receptor Ligands in Neuroendocrine Neoplasms an ancient story that still holds true  
*Antongiulio Faggiano, Roma*

**16.00** Concluding remarks and Closure of the meeting

# INFOS

## STEERING COMMITTEE

Representatives from ESE, AME and SIE International and Scientific Committee.

## VENUE

Hotel Royal Continental | Via Partenope, 38, 80121 Napoli

## REGISTRATION AND PAYMENT (only foreigners)

Registration fee: € 250,00

The registration fee includes congress access, coffee breaks, light lunch and two nights hotel accommodation. Travel costs are not included.

6 registrations are available for the participants from Italy  
30 registrations are available for the participants from outside.

Unpaid registrations will not be accepted. Registration for the congress is possible exclusively through this [Link](#)

## SCIENTIFIC COMMITTEE

*Prof. Enrico Papini*

Endocrinology and Metabolism Department Ospedale Regina Apostolorum, Rome

## EDUCATIONAL GOAL

Guidelines – Protocols – Procedures

## SEGRETERIA ORGANIZZATIVA E PROVIDER 1463



DueCi Promotion Srl  
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## EACCME CREDITS

DueCi Promotion has requested accreditation for “2025 Early Careers Course in Clinical Endocrinology”, Naples, March, 28,29, to the European Association Accreditation Council for Continuing Medical Education (EACCME) for the following professional figures:

- **Physician** specialized in: *Endocrinology, Metabolic diseases and diabetology, Oncology, Gynecology and obstetrics, Urology, Thoracic surgery*

## CME CREDITS (italian only)

Dueci Promotion S.r.l., CME Provider n. 1463, accredited the meeting with ID 437410 assigning n. 15 ECM credits\* for n. 36 participants belonging to the following professional figures:

- **Physician** specialized in: *Endocrinology, Metabolic diseases and diabetology, Oncology, Gynecology and obstetrics, Urology, Thoracic surgery*

*\*Please note that, in order to acquire Italian CME credits, it is mandatory to have taken part in 90% of the training activity; have compiled the documentation in its entirety; have passed the CME assessment questionnaire (minimum 75% correct answers).*

## OFFICIAL LANGUAGE

The official language of the meeting is English

# SPONSOR ACKNOWLEDGEMENT

