

PRESS RELEASE

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Professor Melania Manco announced as first Editor-in-Chief of *Obesity and Endocrinology*

The European Society of Endocrinology (ESE) is delighted to announce that the first Editor-in-Chief of its new journal, *Obesity and Endocrinology*, is Professor Melania Manco. Professor Manco will be supported by an editorial board and associate editors renowned in the field of obesity and with a strong background in endocrinology.

Obesity and Endocrinology is dedicated to advancing and understanding obesity through comprehensive coverage of basic, translational and clinical aspects of endocrinology. The launch issue is scheduled for Q2 2025, and submissions are now being welcomed via the Journal's website.

Jérôme Bertherat, ESE President, said: "I am delighted that Melania will be the first Editor-in-Chief of ESE's new *Obesity and Endocrinology* journal. She has more than 20 years' clinical and research experience in the field of obesity, nutrition, and insulin resistance as well as a strong editorial background. She is dedicated to advancing the field of obesity particularly on the paediatric side, and the journal will benefit from her strong international network especially well-developed in Europe."

Professor Manco is a clinical research scientist and consultant endocrinologist at the Bambino Gesù Hospital in Rome, Italy. She holds a Ph.D. in nutrition and metabolism, and in 2020 was awarded National Habilitation as a Full Professor of Endocrinology.

Professor Manco is also an active member of several professional societies, including serving as co-chair of the EASO Collaborating Centres for Obesity Management (COMs) Working Group, board member of the Italian Society of Obesity (SIO) and from 2017-2019, Chair of the Obesity Study Group within the Italian Society of Paediatric Endocrinology and Diabetology (SIEDP). She has been involved in journal editorial boards since 2008.

European Society of Endocrinology

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Professor Manco said: “I am thrilled and honoured to take up this position as the first Editor-in-Chief of *Obesity and Endocrinology*. As an endocrinologist with a robust expertise in obesity, I aspire to leverage my experience and insights to serve as a unifying voice, bridging the realms of endocrinology and metabolic science together within the endocrine community”.

“In light of the evolving landscape of obesity, characterised by shifting clinical definitions and therapeutic challenges, I am eager to facilitate discourse and disseminate cutting-edge research that addresses these issues. I look forward to working with the editorial board to further advance the understanding of obesity, what will set us apart is our almost exclusive focus on the endocrine aspects of this complex disease.”

Helen Gregson, CEO, ESE, said: “We are delighted to welcome Melania as the first Editor-in-Chief of *Obesity and Endocrinology*, the new ESE interdisciplinary, open access journal. Her dedication over more than two decades to clinical and research endeavours in the field of obesity, combined with her strong editorial experience will maximise the Journal’s impact from launch. We look forward to supporting her in building the scientific reputation of *Obesity and Endocrinology* and establishing the Journal as a high-quality choice for publication.”

*** ENDS ***

Notes for editors

Hi-res images of the new journal cover and Professor Manco can be found [here](#).

About the European Society of Endocrinology

The European Society of Endocrinology (ESE) provides a platform to develop and share leading research and best knowledge in endocrine science and medicine. By uniting and representing every part of the endocrine community, we are best placed to improve the lives of patients. With over 4,800 individual members and through the nearly 50 National Societies involved with the ESE Council of Affiliated Societies (ECAS) ESE represents a community of over 20,000 European endocrinologists. We inform policy makers on health decisions at the highest level through advocacy efforts across Europe.

To find out more about ESE, please visit www.ese-hormones.org.

Follow us on Twitter/X [@ESEEndocrinology](https://twitter.com/ESEEndocrinology), Facebook [@EuropeanSocietyofEndocrinology](https://www.facebook.com/EuropeanSocietyofEndocrinology) and LinkedIn [linkedin.com/company/european-society-of-endocrinology](https://www.linkedin.com/company/european-society-of-endocrinology).

About Professor Melania Manco

Professor Manco is a consultant endocrinologist and diabetologist at the Bambino Gesù Hospital in Rome, Italy, where she has been working since 2008 as senior scientist. Since 1999, Professor Manco has been deeply entrenched in the field of obesity, contributing over 250 scientific publications, book chapters, and monographs that have garnered considerable recognition, as evidenced by her citation count of 9634. Her research activity has included understanding of mechanisms linking fatty acids metabolism, insulin sensitivity and reversal of diabetes in patients with severe obesity following bariatric surgery; and more

recently, metabolic programming and the early onset of obesity and associated cardiometabolic diseases, including metabolic associated liver steatosis. Her research is now moving toward the understanding of the “obese brain”. Her 2023 project, “Reprogramming energy homeostasis in overweight children and adults through exercise, cognitive training and social interaction”, received €1,000,000 from the Italian Ministry of Health.

About ESE Journals

Obesity and Endocrinology is dedicated to advancing and understanding obesity through comprehensive coverage of basic, translational and clinical aspects endocrinology, both in respect to the complexity of obesity as an endocrine disease, and its biology, diagnostics, treatment and relationship with other endocrine and metabolic diseases. The Journal will also incorporate the interplay between the microbiome and the exposome as well as the sociological, political and global implications of this complex area. The Journal is published by Oxford University Press with the launch issue scheduled for Q2 2025.

To find out more about *Obesity and Endocrinology*, please visit <https://academic.oup.com/obendo/>. Follow us on Twitter/X [@Obesity_Endo](https://twitter.com/Obesity_Endo) and LinkedIn [linkedin.com/showcase/obesity-and-endocrinology](https://www.linkedin.com/showcase/obesity-and-endocrinology).

The ***European Journal of Endocrinology*** is the European Society of Endocrinology’s flagship journal with a current Impact Factor of 5.3. The Journal, also published by Oxford University Press, publishes high-quality original clinical and translational research papers and reviews in adult and paediatric endocrinology, as well as international clinical practice guidelines and position statements.

To find out more about EJE, please visit <https://academic.oup.com/ejendo/>.

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Environmental Endocrinology is the European Society of Endocrinology’s new inter-disciplinary open-access journal publishing high-quality clinical, translational, and basic research on all aspects of environmental impacts on hormone systems in humans and living systems, incorporating the One Health perspective. The Journal will welcome submissions from a broad range of research disciplines: including epidemiology, climate research, toxicological sciences, endocrinology and developmental biology. *Environmental Endocrinology* is published by Oxford University Press and the launch issue is scheduled for Q2 2025.

To find out more about *Environmental Endocrinology*, please visit <https://academic.oup.com/enendo/>.

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Endocrine Connections is a peer-reviewed journal, publishing basic, translational and clinical research and reviews in all areas of endocrinology, including papers that deal with non-classical tissues as source or targets of hormones and endocrine papers that have relevance to endocrine-related and intersecting

disciplines and the wider biomedical community. The Journal, published by Bioscientifica, has a current impact factor of 2.6.

To find out more about *Endocrine Connections*, please visit ec.bioscientifica.com
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