

NEW ESE POSITION STATEMENT

Self-management and support services for Patients with Adrenal Insufficiency (AI)

This two-year project aims to:

- Evaluate factors that influence self-management for patients with AI (international cross-sectional survey adapted & translated in several languages);
- Explore current patient education approaches and support services across Europe;
- Develop an evidence-based European Position Statement using Delphi research methodology.

We invite you to participate as a:

- Principal Investigator to recruit patients with AI from your Centre or country
- Patient Advocacy Group (PAG) representative to disseminate the survey to your members
- Participate in the Delphi study as an expert (clinician or PAG representative) in adrenal insufficiency

Please contact Dr SOFIA LLAHANA on sofia.llahana@city.ac.uk for further details or for a copy of the study protocol.

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